

## Fish Dishes


All Fish marked with MSC are marine stewardship council Licence Number: LLO02200, All our Cod comes from an MSC certified sustainable fishery. www.msc.org. We fry peanut free 100% Rapseed oil. Fish that we fry in batter you can also choose to have it grilled or Matzo meal for £1.00 extra

100. Cod MSC .....	small 5.00 . regular 7.00
101. Cod & Chips MSC .....	small 7.00 . regular 9.00
117. Cod Bites & Chips MSC.....	6.70
102. Skate .....	7.00
103. Sea Bass Whole gutted, with head on, cooked over charcoal.....	7.90
104. Sea Bream Whole gutted, with head on, cooked over charcoal. ....	7.90
105. Grilled Salmon (Boneless) .....	6.50
119. Buttered Salmon.....	6.50
106. Cod Bites (6) MSC.....	4.50
107. Anchovies Seasoned and deep fried .....	3.60
108. Rock.....	5.50
109. Plaice Fillet Off the bone, uncooked weight: 8 / 10 oz.....	6.50
110. Haddock Uncooked weight 8 / 10 oz .....	7.50
111. Rainbow Trout Whole gutted, with head on, cooked over charcoal ...	5.50
112. Fish Cake 4 oz.....	1.90
113. Scampi 6 (Whole tail).....	3.60
114. Scampi 6 (Battered whole tail) .....	3.80
115. Calamari Rings 6 .....	5.50
116. Cod Roe (Fried in batter).....	1.80
118. Seafood Basket Scampi, Calamari Rings, Cod Bites, King Prawns .	6.00
1100. Chips .....	small 2.20..... large 3.00

## Fish Cocktail

200. Prawn Salad Hand peeled, served with salad & dressing.....	4.90
201. Prawns in Coleslaw.....	4.90
202. Tuna Mayonnaise Served with salad & dressing .....	3.80

## Burgers

400. Veggie Burger  .....	3.90
Served with crispy salad, onion, mayonnaise & burger sauce	
401. Quarter Pounder .....	3.90
Single 4oz burger, crispy salad, onions, cheese, ketchup & burger sauce	
402. Half Pounder .....	4.90
Two 4oz burgers, crispy salad, onions, cheese, ketchup & burger sauce	
403. Fish Burger MSC.....	3.50
Real battered cod bites with onions crispy salad and tartar sauce	
404. Chicken Burger.....	3.90
Super chicken steak served with salad, onions, burger sauce & mayonnaise	
405. Extra Cheese on any burger.....	0.30
1100. Chips .....	small 2.20..... large 3.00

## Vegetarian Meze & Starters

All starters, sides & mezes suitable for vegetarians.

600. Garden Peas .....	1.70
601. Mushy Peas .....	1.80
602. Heinz Baked Beans .....	1.80
603. Coleslaw .....	2.20
604. Stir Fry Vegetables.....	3.50
605. Fried Onions.....	1.95
607. Turkish Style Salad .....	3.20
608. Rice cooked with Saffron & Onions.....	2.50
609. Onion Rings 6.....	1.90
610. Mixed Pickles .....	2.20
611. Salad.....	2.20
612. Cacik (Tzatziki) .....	1.50
613. Humus.....	1.90
615. Hellim (Halloumi) .....	Half 3.80..... Full 5.80
616. Hellim (Halloumi) in Wrap with crispy salad .....	5.80
617. Hellim (Halloumi) in Pitta Bread with crispy salad .....	5.80
618. Olives .....	1.70
619. Garlic Bread.....	2.50
620. Corn On The Cob .....	1.70
621. Falafel in Wrap with Humus & Crispy Salad .....	4.50
622. Falafel 6 Mildly spiced chick peas .....	3.00
623. Falafel in Pitta Bread With humus & crispy salad .....	4.50
1008. Vegetable Samosa .....	0.70

 - VEGETARIAN

All prices include V.A.T & are subject to change without prior notice

## Kebabs made with 100% British Lamb

We make our own doners

Made With 100% British Lamb.

Serene unique flavour of Doner Kebab served with Pitta bread & salad. You can really taste the delicious difference in Serene's Kebabs. You'll see quality ingredients cooked to perfection in our special way to provide nourishing meals of a variety of kebabs. Serene take-away are always clean, bright and quality assured.



Sauce of your choice on your kebab included in the price.

Additional (Separately) in 4oz pot 85p.

All our kebabs comes with salad on the side.

£2.20 which included in the price.

No kebab comes with any sauce specify your choice of sauce when ordering

	Small	Regular	Mega(XL)			
500. Lamb Doner served as above.....	4.90	6.90	8.90			
Soft part of lamb chunks cooked over charcoal grill						
501. Special Lamb Shish.....	5.50	7.90	9.90			
Lamb Shish Kofte .....				5.50	7.90	9.90
Minced lamb seasoned and cooked over charcoal						
503. Chicken Shish Kofte .....	5.50	7.90	9.90			
Minced chicken seasoned and cooked over charcoal						
505. Chicken Doner .....	4.90	6.90	8.90			
506. Chicken Kebab .....	5.90	7.90	9.90			
Selected from succulent chicken breast marinated and cook over charcoal grill						
507. Lamb Doner Meat & Chips.....	6.50					
508. Chicken Doner Meat & Chips .....	6.90					
509. Mixed Kebab.....	7.70					
Any kebabs of your choice as priced or add extra kebab for £2.20 each						
510. Mixed Kebab 3.....	9.70					
Lamb chops, lamb doner, chicken doner						
511. Mix Kebab 4.....	10.80					
Ribs, lamb doner, chicken kofte & lamb chops						
512. Mix Kebab 5 .....	12.80					
Lamb doner, chicken doner, chicken kofte, lamb ribs and lamb kofte						
513. 5 Lamb Chops .....	8.50					
Served with salad & rice						
514. 8 Lamb Chops .....	8.50					
515. Lamb Ribs cooked over charcoal.....	5.00					
516. Jumbo King Prawn Kebab .....	9.00					
Seasoned cooked over charcoal grill served wit stir fry vegetables						
517. Salad Kebab  .....	3.80					
Generous crispy farm fresh salad & humus in pitta bread						
518. Lamb Doner Wrap .....	4.20					
519. Mix Doner Wrap .....	4.50					
520. Chicken Doner Wrap .....	4.20					
608. Rice  Cooked with Saffron and onion.....	2.80					
1100. Chips .....	small 2.20..... large 3.00					
725. Chilli sauce (Home Made).....	4oz 0.85 .....	10oz 1.45				
726. Garlic sauce (Home Made).....	4oz 0.85 .....	10oz 1.45				

## Dips, Sauce & Sundries

713. Heinz Ketchup 4oz .....	0.85	
714. BBQ Sauce 4oz.....	0.85	
715. Heinz SqueezME Ketchup .....	0.35	
716. Tartar Sauce 4oz (Home Made) .....	0.85	
717. Mayonnaise 4oz .....	0.85	
718. Bottle of Heinz Ketchup.....	1.80	
719. Bottle of Chip Shop Vinegar .....	1.80	
720. Bottle of Chip Shop Onion Vinegar .....	1.80	
721. Bottle of Chilli Sauce (1ltr) (Home Made) .....	3.70	
722. Bottle of Garlic Sauce (1ltr) (Home Made) .....	3.70	
723. Curry sauce.....	1.55	
724. Gravy sauce .....	1.55	
725. Chilli sauce (Home Made) .....	4oz 0.85 .....	10oz 1.45
726. Garlic sauce (Home Made) .....	4oz 0.85 .....	10oz 1.45
727. Burger Sauce .....	0.85	





## Chicken Wings & Nuggets

800. Hot Wings 6 Southern Fried Chicken Wings.....	3.20
801. Chicken Nuggets 6 Chunks of chicken breast .....	3.60
802. Crispy Battered Wings 6 .....	3.80
803. Hot Wings 24 Southern Fried Chicken Wings .....	10.00

## Jacket Potatoes


900. Plain You can choose extra toppings from below .....	1.90
901. Butter Filling .....	N/C
902. Cheese Filling.....	1.50
903. Tuna Mayonnaise Filling .....	1.50
904. Farm Fresh Salad.....	1.00
905. Baked Beans Filling.....	1.50
906. Coleslaw Filling.....	1.00
907. Lamb Doner Filling.....	1.50
908. Chicken Doner Filling.....	1.50
909. Sweetcorn Filling .....	1.00
910. Prawn with Dressing Filling.....	2.00
911. Mushy Peas Filling.....	1.50
912. Olives Filling.....	1.00
913. Sausage.....	1.45
914. Chili Sauce .....	N/C
915. Garlic Sauce.....	N/C
916. Curry Sauce .....	1.50
917. Gravy .....	1.50

## Savouries & Pies

1000. Chicken & Mushroom Pie (not Halal) .....	2.60
1001. Steak & Kidney Pie (not Halal) .....	2.60
1002. Minced Beef & Onion Pie (not Halal) .....	2.60
1003. Cheese & Onion Pasty  .....	2.10
1004. Jumbo Sausage Plain.....	1.50
1005. Jumbo Sausage Battered.....	1.55
1006. Saveloy .....	1.50
1008. Vegetable Samosa  .....	0.70

## Chips

We only use British potatoes

1100. Chips .....	small 2.20... large 3.00
1101. French Fries.....	small 2.50... large 3.50
1102. Potato Wedges.....	small 2.50... large 3.50
1103. Chip Roll (Buttie).....	3.00
1104. Chips in Pitta Bread.....	3.00
1105. Sweet potato chips  .....	3.00

## Hot & Cold Drinks

1205. Fresh Bean to Cup Coffee.....	1.50
1206. Cans .....	from 0.95
1207. Family size Bottles.....	2.50
1208. Fruit Juice: Ribena etc .....	from 1.00

## Self Catering Uncooked

Cook your own. None reusable metal skewers to BBQ. (Kofte not on skewers)

1500. Shish (Lamb) 2 skewers.....	4.00
1501. Chicken Kebab 2 skewers.....	4.00
1502. Lamb Shish Kofte Kebab 2 skewers .....	4.00
1504. Lamb Chops 5 chops .....	4.00
1505. Chicken Shish Kofte 2 skewers .....	4.00
1506. Lamb Ribs 6 ribs.....	3.50
1507. Chicken Wings 15.....	4.00
1508. King Prawns 2 skewers .....	4.00
1509. Sea Bass .....	4.00
1510. Rainbow Trout.....	3.00
1511. Sea Bream .....	4.00
1512. Beef Burgers - 100% beef 4 x 1/4 pounder.....	4.00
1513. Salad .....	2.20
1514. Jumbo Sausage 6.....	4.00
1515. Large Pitta Bread 6.....	2.00
1516. Seeded 5" Buns 4 .....	2.00

## SPECIAL OFFERS & VOUCHERS

### OFFER NUMBER 1

**FREE** SERENE 227g GROUND COFFEE with orders over £30



### OFFER NUMBER 2

**FREE** 1.25 ltr BOTTLE of COKE or 7 UP with orders over £30



### OFFER NUMBER 3

**FREE** £2.50 SERENE VOUCHER with orders over £35



### OFFER NUMBER 4

**FREE** £5.00 SERENE VOUCHER with orders over £40



### OFFER NUMBER 5

With our gift Vouchers you can treat friends and family to Serene Buy £20 worth vouchers and **WE GIVE YOU £22.50**



### OFFER NUMBER 6

Ask your **FREE LOYALTY CARD** and start collecting



### OFFER NUMBER 7

Our **Customer of the Month** is chosen by our staff members, that customer **receives £30** vouchers. You could be next!



### OFFER NUMBER 8

**FREE** Humus or cacik (tzatziki) or Salad or Olives with orders over £30.00



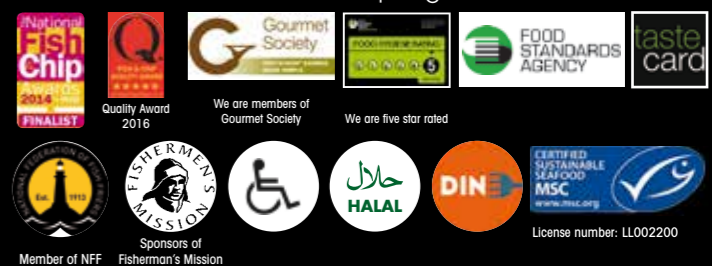
### OFFER NUMBER 9

**FREE** Condiments Four 4oz pots of sauces of your choice with orders over £30.00



Above offers one offer per order and per person. Term and conditions apply.

Comments & Suggestions we would like to hear from you serenefishandchips@gmail.com



## Desserts

- 1301. Chocolate Fudge Pudding ..... 3.00
- 1302. Cheesecake ..... 2.95
- 1305. Haagen Dazs Ice Cream 500ml ..... 4.90

## Serene Coffee

- Coffee Beans 500g ..... 5.00
- Ready Ground Coffee 227g ..... 3.00

## Meal Deals

- 1400. 1/4 Pounder Meal chips, 2 onion rings & pepsi ..... 6.00
- 1401. 1/2 Pounder Meal chips, 2 onion rings & pepsi ..... 6.70
- 1402. Chicken Burger Meal chips, 2 onion rings & pepsi ..... 6.50
- 1403. Veg Burger Meal Chips, 2 onion rings & pepsi ..... 5.80
- 1404. Chicken Nugget Meal Chips, 2 onion rings & pepsi ..... 6.50
- 1405. Spicy Hot Wings Meal Chips, 2 onion rings & pepsi ..... 5.00
- 1406. Cod Bites Meal Chips, 2 onion rings & pepsi ..... 6.50

## Kids Meals

- 1500. Chicken Nuggets Meal ..... 3.90
- Nuggets & chips, orange or strawberry drink
- 1501. Calamari Rings Meal ..... 3.90
- Calamari & chips orange or strawberry drink
- 1502. Veg-Burger Meal ..... 3.90
- Veg-burger & chips orange or strawberry drink
- 1503. Fish-Burger Meal MSC ..... 3.90
- Fish-burger & chips, orange or strawberry drink
- 1504. Fish Cake Meal ..... 3.90
- Fish cake & chips, orange or strawberry drink
- 1505. Cod Bite Meal MSC ..... 3.90
- Cod bites, chips & orange or strawberry drink
- 1506. Scampi Meal ..... 3.90
- Scampi & chips, orange or strawberry drink
- 1507. Hot Wings Meal ..... 3.90
- Spicy hot wings & chips, orange or strawberry drink

## Gluten Free Meals

- G.F.01 Cod and Chips Mondays only Small 7.50 .... Regular 9.50
- G.F.02 Chips Mondays only..... Small 2.00 ..... Large 3.00
- G.F.03 Grilled Cod ..... 7.70
- G.F.04 Grilled Salmon ..... 6.90
- G.F.05 Grilled Sea Bass ..... 7.90
- G.F.06 Grilled Sea Bream ..... 7.90
- G.F.07 Grilled Rainbow Trout ..... 4.80
- G.F.08 Grilled King Prawns Kebab ..... 7.50
- G.F.09 Prawn Salad ..... 4.90
- G.F.10 Halloumi ..... Small 3.50 ..... Large 5.50
- G.F.11 Lamb Chops ..... 8.00
- G.F.12 Lamb Ribs ..... 6.50
- G.F.13 Lamb Kofte and Salad ..... 7.90
- G.F.14 Chicken Kofte and Salad ..... 7.90
- G.F.15 Garden Peas ..... 1.70
- G.F.16 Jacket Potato ..... 1.90
- G.F.17 Salad ..... 2.20
- G.F.18 Rice ..... 2.50
- G.F.19 Cod ..... Small 6.00 ..... Regular 8.00

Celiac disease is a lifelong, serious autoimmune disease caused by the immune system reacting to gluten - a protein found in wheat, barley and rye. The only treatment for the condition is a strict gluten-free diet. For those newly diagnosed with the condition, the prospect of a strict gluten-free diet may seem daunting at first; But you can in time adopt to gluten free diet. Here at Serene we select few meals that you can eat with confidence... You may choose other side orders Follow the allergy chart than you mention gluten free, and we do rest.

**FREE DELIVERY** - on minimum order of £20.00 within our delivery area.  
(Delivery time 45 to 60 mins) last delivery orders 55 minutes before closing time.

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NO CHEQUES ACCEPTED



## SERENE ALLERGY INFORMATION

DISHES AND THEIR ALLERGEN CONTENT -

DISHERS	Egg	Gluten	Shellfish	Soy	Tree Nuts	Wheat	Other
Fish in Batter	x		x				
Fish in Mustard Meal	x		x				
Grilled Fish with seasoning		x					
Grilled Fish without seasoning			x				
Fish Cake		x		x			
Scampi Breaded	x	x	x		x		
Scampi Battered	x	x	x	x		x	
Calamari Rings	x	x	x	x		x	
Squid	x	x	x				
Lamb Doner							
Special Shish	x	x					
Chicken Shish Kofte		x					
Chicken Doner	x	x					
Chicken Kebab	x	x					
Prawn Kebab	x	x	x				
Veggie Burgers		x		x			x
Quarter Pounder		x				x	x x x
Fish Burger	x	x x	x			x	x x x
Chicken Burger		x					x x x
Plain Sausage		x					x x x
Battered Sausage		x		x			x x x
Seveloy	x						x x x
Chilli Sauce							x
Garlic Sauce			x			x	
Ketchup	x						x
Burger Sauce	x		x				x
Mayonnaise			x				x
BBQ Sauce							x x
Curry Sauce	x	x				x	x x
Tartar Sauce			x			x	x x
Chicken Wings Battered	x	x	x		x		x x x
Chicken Wings Seasoned Flour	x	x	x		x		x x x
Chicken & Mushroom Pie	x		x		x		x x
Steak & Kidney Pie	x	x	x		x		x x x
Mince Beef & Onion Pie	x	x	x		x		x x x
Cheese & Onion Pasty	x	x			x		x x
Cod Roe			x				x
Anchovies Seasoned	x	x	x				
Breaded Garlic Mushrooms							x
Mince Samosa			x				
Vegetable Samosa			x				
Mushy Peas			x				
Chicken Nugget							x
Nice	x						
Prawn Salad	x		x	x			
Prawn Salad Plain			x				
Gravy	x	x					x
Chocolate Mousse			x			x	x x
Chocolate Pudding			x			x	x x
Amarena						x	
Midnight Mint			x				
Cheese Cake	x		x		x		
Apple Pie	x						
Haagen Dazs Cookies & Cream	x	x	x				
Haagen Dazs Strawberry Cheesecake	x	x	x				
Haagen Dazs Vanilla			x		x		
Haagen Dazs Belgian Chocolate			x				x
Onion Rings		x					
Humus							x
Taramasalata	x		x				
Cacik			x				
Halloumi						x	
Coleslaw			x				
Wedges	x						
Pitta	x						
Tortilla Wrap	x						
Celebration Cakes	x		x				
Tuna Plain				x			
Tuna Mayo				x			
Feta Cheese						x	
Cheese Slice						x	
Garlic Bread	x					x	

Fish are a great source of protein, an important part of your diet without which you just simply wouldn't be able to function. Your muscles, blood, bones - in fact every living cell in your body needs protein.

## Balance Your Diet here at Serene

	Calories	Fat (g)	Carbs (g)	Protein (g)
Chicken Kebab	155	1.76	10.9	28.7
Special Shish	240	11.05	8.34	26.36
Lamb Doner	325	23.8	9.20	29.9
Lamb Kofte	141	9	3.4	13
Battered Cod	196	9.06	7.87	19.77
Grilled Cod	138	4.07	0.46	23.71
Grilled Sea Bass	102	4.02	0.34	15.29
Calamari	125	2	15.1	11.8
1 Small Chips	900	36	122	12.8
Small Mushy Peas	175	1	28.7	12.04
Tarama	167	12	11	6
Humus	166	10	14	8
Veggie Burger	233	14.4	22.9	3.1
Quarter Pounder including Bun & Cheese	500	25	30	28
Minced Beef & Onion Pie	554	34.5	48	10.78
Steak & Kidney Pie	628	34	38	19.48
Chicken & Mushroom Pie	636	34.6	62.2	17.5
Cheese & Onion Pasty	419	22.9	40.2	11.78
Chicken Burger	166	1.7	7.9	16.68

THE ABOVE CHART IS FOR ROUGH GUIDANCE PURPOSES ONLY.  
We are proud to say that we fry in rapeseed oil, which is much healthier, low in calories and fat.

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